

## *FEAR INVENTORY PROMPT SHEET*

*Here is a list of fears that may be helpful in your fear inventory.*

*Feel free to add to the lists if you need to.*

Fear Of God	Fear Of Drowning
Fear Of Dying	Fear Of Men
Fear Of Insanity	Fear Of Women
Fear Of Insecurity	Fear Of Being Alone
Fear Of Rejection	Fear Of People
Fear Of Loneliness	Fear Of Crying
Fear Of Disease's	Fear Of Poverty
Fear Of Alcohol	Fear Of Races
Fear Of Drugs	Fear Of The Unknown
Fear Of Relapse	Fear Of Abandonment
Fear Of Sex	Fear Of Intimacy
Fear Of Sin	Fear Of Disapproval
Fear Of Self-Expression	Fear Of Rejection
Fear Of Authority	Fear Of Confrontation
Fear Of Heights	Fear Of Sobriety
Fear Of Unemployment	Fear Of Hospitals
Fear Of Employment	Fear Of Responsibility
Fear Of Parents	Fear Of Feelings
Fear Of Losing A Wife	Fear Of Getting Old
Fear Of Losing A Husband	Fear Of Hurting Others
Fear Of Losing A Child	Fear Of Violence
Fear Of Animals	Fear Of Writing Inventory
Fear Of Insects	Fear Of Being Alive
Fear Of Police	Fear Of Government
Fear Of Jail	Fear Of Gangs
Fear Of Doctor's	Fear Of Gossip
Fear Of Stealing	Fear Of Wealthy People
Fear Of Creditors	Fear Of Guns
Fear Of Being Found Out	Fear Of Change
Fear Of Homosexuals & Lesbians	
Fear Of Failure	
Fear Of Success	
Fear Of Responsibility	
Fear Of Physical Pain	
Fear Of Fear	